

# Potty Training Log



Welcome to the **Pet Health Potty Training Log!** This tool is designed to help you track your puppy's potty habits and create a consistent routine for successful training. Please follow these guidelines to ensure effective use of the log:

- **Placement:** Print out the log sheet and post it somewhere easily visible and accessible, such as near the main entrance or where your puppy spends most of their time.
- **Regular Updates:** Whenever your puppy goes potty, whether it's in an appropriate place, like outside or on its designated potty pad, or if it has an accident indoors, update the log promptly. This includes both urine and bowel movements.
- **Meal Times:** Log in when you give your puppy their meals. Puppies typically need to eliminate about 15–20 minutes after eating, so noting meal times helps anticipate potty breaks.
- **Sleep Times:** Record the times your puppy sleeps. Puppies often need to eliminate immediately after waking up, so tracking sleep times can help predict when they'll need a potty break.
- **Watch for Signs:** Keep a close eye on your puppy for any cues or signs indicating it needs to go out. Some common signs include barking or scratching at the door, squatting, restlessness, sniffing around, or circling. When you observe these signs, promptly grab the leash and take it outside to its designated bathroom spot.
- **Additional Notes:** Feel free to add any additional notes that can help communicate with other household members and maintain consistency in training. This could include observations about your puppy's behavior, accidents, or potty training progress.

By diligently using this Potty Training Log, you'll be better equipped to understand your puppy's needs, establish a consistent routine, and succeed in potty training. Consistency and patience are essential, so keep up the good work, and don't hesitate to contact our team for any assistance or guidance!

## Potty Training Log

Date	Time	Feeding	Sleep	Pee	Poop	Accident	Outdoor	Cues and Notes

